

**Our Lady of Fatima** (Redvers)  
**St. Maurice** (Bellegarde)  
**St. Anthony** (Storthoaks)



Fr. Ronald M. Andree  
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Website: olofredvers.ca

**February 11, 2024**  
**6th Sunday in Ordinary Time**

**Mass Schedule**

**Mon, Feb. 12, 9:00 a.m.**  
+Laurence Lemieux by Matthew/Bryanna Lemieux

**Tues, Feb. 13, 9:00 a.m.**  
+Deceased Family by Rene Rogg

**Wed, Feb. 14—ASH WEDNESDAY—Lent Begins!**

**5:30 p.m. (Storthoaks)—7:30 p.m. (Redvers)**

**A day of strict fasting/abstinence from meat!**

**Thurs, Feb. 15, 9:00 a.m.**  
+Rene George by Arthur/Jeanette Henrion

**Thurs, Feb. 15, 7:00 p.m. (Storthoaks)**  
Ints. of the spiritual life/healing of families by Gary/Monique Dumaine

**Fri, Feb. 16, 9:30 a.m. (Estates)**  
Special Intentions by A Parishioner

**Sat, Feb. 17, 7:00 p.m. (Storthoaks)**  
+Holy Souls by A Parishioner

**Sun, Feb. 18, 9:00 a.m. (Bellegarde)—Pro Populo**

**Sun, Feb. 18, 10:45 a.m. (Redvers)**  
+Holy Souls/Thanksgiving by Lydia Sylvestre



**Liturgical Ministries**  
**(Redvers)**

**Ash Wednesday**  
**February 14, 7:30 p.m.**

**Hospitality**  
Matthew/Bryanna Lemieux

**Lectors**  
Colin/Sophie Martin

**Communion**  
Ron Martin

**Liturgical Ministries**  
**(Redvers)**

To ensure your name is still on a ministries list or to volunteer contact **Carol Poirier (452-8397)**.

**Sunday, February 18, 10:45 a.m.**

**Hospitality**  
Wanda Cunningham

**Lectors**  
Ron/Janelle Martin

**Collection**  
Con Carriere  
Matthew Lemieux  
Emile Magotiaux  
Nathan Poirier

**Communion**  
Bernard Bauche

**Redvers**  
**Pastoral Council Chairperson**  
Marc Wolensky 306-840-7282  
**Parish Hall Bookings**  
Anita Colleaux: 306-452-3868  
**Caretaker**  
Coralie Wolensky



**Bellegarde**  
**Pastoral Council Chairperson**  
Guy Poirier: 306-840-7744



**Storthoaks**  
**Pastoral Council Chairperson**  
Richard Chicoine: 449-2231  
**Parish Hall Bookings**  
Monique Dumaine: 449-2237

### Please Pray For...

- ◆ **Seth Poirier/Kennedy Marshall** who will be married at Our Lady of Fatima, Redvers on Saturday, February 17. May the fullness of divine love and grace help them to grow in holiness!

### Meetings

- ◆ Sun, Feb. 11, 7:00 p.m. (Redvers)—Movie Night—**The Chosen**—Everyone Welcome!
- ◆ Thurs, Feb. 15, 7:00 p.m. (Storthoaks)—Mass/Parish Council Meeting.
- ◆ Tues, Feb. 20, 7:30 p.m. (Redvers)—Mass/Parish Council Meeting.
- ◆ Thurs, Feb. 22, 7:30 p.m. (Redvers)—Mass/KC Meeting.
- ◆ **Sun, Feb. 25 (Redvers)—Sacramental Preparation following Mass.**
- ◆ Tues, Feb. 27, 7:00 p.m. (Redvers)—Mass/CWL Meeting.

### Lent Begins—Ash Wednesday—February 14

**Mass**  
5:30 p.m.—Storthoaks  
7:30 p.m.—Redvers

**This is a day of strict fasting and abstinence from meat!**  
You may bring your palms from last year to church so that they may be burned for this year's ashes. Thank You!

### The Essential Disciplines for the Lenten Season

What are the three essential disciplines that all Catholics are called to embrace during the Lenten Season? What does the desert have to do with these practices? This Lenten season, let's commit wholeheartedly to the three disciplines of **fasting, prayer, almsgiving**. By doing so, we go into the desert of our hearts to encounter our Lord and hear his spirit prompting, challenging, and encouraging us.

#### Why the desert?

***“Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. And he fasted forty days and forty nights, and afterward he was hungry.” Matthew 4:1-2***

Why is God constantly leading people into the desert? There's no food, no water, and it's extremely desolate. However, it's in that solitude that we recognize our thirst for God's heart and can unite ourselves in relationship with him, away from the distractions of life. ***“And you shall remember all the way which the Lord your God has led you these forty years in the wilderness, that he might humble you, testing you to know what was in your heart, whether you would keep his commandments, or not.” Deuteronomy 8:2***

#### The Primary Disciplines of Lent

##### 1. Fasting:

Fasting allows us to make room in our hearts for Jesus, creating space to encounter him. Fasting disciplines and controls our passions, desires, and cravings that are often disordered. Fasting doesn't just have to be about food either! Self denial is about self-mastery by the grace of God. ***“But when you fast, anoint your head and wash your face, that your fasting may not be seen by men but by your Father who is in secret; and your Father who sees in secret will reward you.” Matthew 6:17-18***

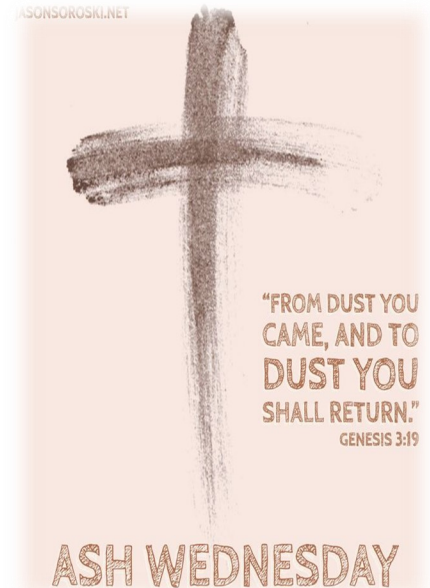
##### 2. Prayer:

Try adding more prayer to your day, whether it's going to daily Mass, sitting with the Scriptures, or adding an extra fifteen minutes of chapel time to your day. What word and what voice(s) are you listening to? Who governs your life? ***“But when you pray, go into your room and shut the door and pray to your Father who is in secret; and your Father who sees in secret will reward you.” Matthew 6:6***

##### 3. Almsgiving:

Almsgiving isn't just about giving money! Almsgiving is simply encountering Christ in the poor by being generous with our time, possessions, and love.

***“But when you give alms, do not let your left hand know what your right hand is doing, so that your alms may be in secret; and your Father who sees in secret will reward you.” Matthew 6:3-4***



#### On the Web

Our Parish  
olofredvers.ca

Archdiocese of Regina  
archregina.sk.ca